

# LOUGHBOROUGH SHARKS HOCKEY CLUB

## JUNIOR SHARKS - GUIDE FOR OUR JUNIOR PLAYERS

Welcome to the club. You are joining a very successful family of players who are members of the club because they really enjoy their hockey, enjoy meeting new friends and enjoy taking part in competitions and matches.

For you to enjoy your career at the club we expect high standards of sportsmanship and behaviour from you at all times.

These include :

- Arriving for training and matches in good time and pay any membership or coaching fees promptly
- Making sure you have the correct kit (gum shields and shin pads are compulsory) and have eaten and drunk sensibly before the activity
- Tell your coaches at the beginning of the session if you are unwell or have an injury
- Listen carefully to your coaches and remember to thank them after the session. Do not argue or be rude or cheeky to your coaches or to match officials
- Recognise when others have played well and tell them so
- Be a good sport at all times – win with modesty and lose with dignity
- Never leave a pitch to go home unless you are with the person who is taking you home
- Junior members are not allowed to smoke or consume alcohol or drugs of any kind on the club premises or whilst representing the club

## Keeping Safe

Hockey should be fun. You should feel safe and enjoy hockey. You cannot do this if you feel unhappy – if someone is bullying or abusing you. The club has adopted the England Hockey policy on safeguarding the protection of all children and young people in hockey. Our child protection officer is Jeremy Clarke. You can take your concerns to him, Grant Sutcliffe (Club Chairman), Mike Condon (Club Captain) or your parents.

## Your Career Path

Players join the club at 11/12 years of age as junior sharks and represent the club in junior tournaments.

By age 14 players should start to play for the Mixed 'B' team in the third division of the Leicester and Rutland mixed hockey league.

By age 15/16 players have the opportunity of progressing to the Mixed 'A' team in the first division of the same league and then, if you are a boy, into the men's 2<sup>nd</sup> XI and thereafter into the 1<sup>st</sup> XI who play in the Midlands men's leagues.

By completing a membership form to join the club you are agreeing to the above conditions.

We very much hope you will enjoy your time with us and look forward to seeing you progress through the clubs teams.

## **GUIDE FOR PARENTS/CARERS**

You can help us by :

- Encouraging your child to follow the Junior Code of Behaviour at all times
- Payment of fees promptly as these cover coaching, hire charges, insurance, tournament fees, kit etc
- Informing us of any illness, injury or change in medical condition of your child
- Remaining responsible for checking and overseeing your child's arrival and collection from training and travel to and from matches
- Ensuring membership and emergency contact forms are completed and returned promptly

## **Sport England and England Code of Conduct for parents/guardians**

- Encourage your child to learn the rules and play within them
- Discourage unfair play and arguing with officials
- Help your child to recognise good performance, not just results
- Never force your child to take part in sport
- Set a good example by recognising fair play and applauding the good performances of all
- Never punish or belittle a child for losing or making mistakes
- Publicly accept official's judgements
- Use correct and proper language at all times
- If concerned or aggrieved in any way about coaching methods or how the club is run, try to approach coaches/club officials calmly at a time convenient to you both i.e. not at half time during a match

**Copies of the full guide are available from the Club Secretary – Mr Sutcliffe**